



THE WICOSUTAN

Building Confidence, Competence & Community Since 1920

Late Winter 2020

A Letter from the Directors



Corey & Justin

Dear Wico Campers, Staff, Parents & Alumnae,

Greetings from Wico! We think we can all agree that the Coronavirus has thrown everyone for a bit of a loop. We hope that this newsletter will bring a spot of sunshine and positivity to your home. We cannot wait for Summer 2020, so that we can be together in our summer home and celebrate Wico's 100th! We are preparing for a summer full of memory making and fun and are glad that you will be a part of it!

Justin and Jess went to Los Angeles and San Francisco in January for reunions with our West Coast families. They loved catching up with everyone there. We are heading to Florida in April and look forward to seeing a bunch of you there, as well. Florida families, mark your calendars for April 5th at 3PM. We will reconfirm as we get closer! For more information, see the last page of the Wicosutan.

In the months leading up to camp we will be busy speaking with many of you. As questions arise, don't hesitate to ask! Rest assured that questions that may feel silly are, in fact, often the most important to ask. Remember that you are likely not the only one wondering about packing, bunking, camp food or laundry—to name a few! We're looking forward to another wonderful summer and to speaking to you as we all gear up!



Lots of Wico Love,

Corey & Justin



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As you think about prepping and packing for camp, please keep these Wico needs in mind. We are looking for donations of the following items for camp:

Gently used costumes for Wico drama and paperback and hardcover books appropriate for ages 7-16 for Wico's library, aka "The Giving Tree".

DONATIONS OF BOOKS AND COSTUMES MAY BE:

- ① Packed in campers' luggage, or
- ② Mailed to either our New York (through May 22) or New Hampshire offices (May 26 and later).

THANKS, IN ADVANCE, FOR YOUR HELP!



Follow us on Instagram @wicosuta_03241



Follow us on Facebook /CampWicosuta

CAMPER CORNER

We love to hear news from campers. Email fun news about celebrations, activities, school, camp sleepovers, etc. to corey@campwicosuta.com. We'll include your news in the next edition of *The Wicosutan*.



Congrats are in order for the cast of Franklin Elementary School on their recent production of "Peter Pan"! Our hats are off to **Billie S.** who played the lead role in the show. Nice work, Billie!



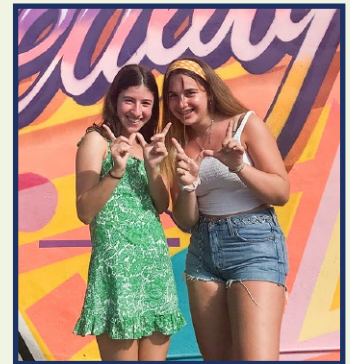
Incoming eagles **Maisie B., Lucia L., Izzy M.,** and **Maggie E.** caught up in Needham, MA a few weeks ago. Thanks for sending this, girls! We love your Wico Spirit!



Lizzie R., who lives in New Hampshire, went to NYC with her family in late December and met up with **Marlowe S.** for a mini reunion. The girls had a great time catching up and cannot wait for Summer 2020!



Spotted at a recent Camp Spot appointment: **Myla and Hannah Z.** along with **Marissa S.** and none other than **Sierra C.**, an awesome Wico staff member currently working for The Camp Spot! We love these Wico sightings, ladies. Thanks for sharing!



During Presidents week, **Amelia L.** bumped into **Maddie L.** while their families were at the Wynwood Walls in Miami, FL! It's a small world, girls! Thanks for sharing this great photo!



Marlowe S. recently reconnected with her camp big sister, **Julia T.** The girls forged a strong friendship last summer and have stayed in touch! We are so glad to hear this, ladies. Thanks for sharing!

CAMPER CORNER

Continued from previous page....



Chloe K. is all about Wico Spirit in this photo! Welcome to the Oskis, Chloe! Thanks for this awesome photo!



2020 Totems, **Ava B.** and **Sam L.** went to great lengths to surprise their fellow Totems in Los Angeles. The surprise involved a cover story concocted to explain the sudden need to rush to the airport. After waiting over an hour at the airport, the package arrived and it was Sam & Ava! We love the story and this great photo of all of you, ladies!



Speaking of Totems, 1st Session Totem, **Elena C.** ran into **Lily P.** and **Elle M.** at a recent Nordic practice. All three freshman are on Nordic teams this winter. Elena is on the Wellesley team and Lily and Elle are on the Newton North team.

DEEP THOUGHTS with Carly



CARLY

Hey Wico, Hey What?!

We are counting down the days to our 100 Year celebration. 100 years?!? It is hard to wrap your mind around how long 100 years is. When you start to do it, it is pretty incredible. We feel very lucky that Wicosuta is getting to celebrate 100 summers as a girl's camp and I am happy to be a part of it.

To see just how long Wico has been around take a look at some of these cool facts and figures:

One Hundred Years is the equivalent of:

- 36,500 days
- 5,214 weeks and 2 days
- 1,200 months
- 3,153,600,000 seconds
- 52,560,000 minutes
- 876,000 hours

1920 was a memorable year. Check out some things that got their start the same year as Wico did:

- The NFL
- The 19th amendment (Go Girl Go!)
- Haribo Candy company (gummy bears weren't made until three years after, but the company was around)
- Band-Aids
- The first book of Doctor Dolittle

Here are some events, products and companies that have only been around for half as long as Wicosuta:

- Sesame Street
- Tic Tacs
- The moon landing
- The Brady Bunch (ask your parents)
- Woodstock (It doesn't hold a candle to Wicoachella!)

This summer we are going to do a lot to celebrate the history of Wico and this incredible anniversary. Some things I think would be cool to find out about would be:

- How many campers and staff have attended and worked at camp?
- How many different states and countries have been represented?
- How many friendships have been formed?
- How many campers learned to waterski for the first time at camp?
- How many cookies have been eaten at campfire?
- How many songs have been sung?

What are you excited about for Summer 2020? You can let me know carly@campwicosuta.com I am continuing to count down the days until we are back at camp.

From the lakes, from the hills, from the sky, Carly

Hannah's Happies

Hey Wicosuta!

Welcome back to Hannah's Happies!



Spring is coming, and I am ready to make the most of it! Spring is my second-favorite season because it means we are that much closer to summer! This year I have made a list of 100 must-do activities before heading out to New Hampshire in May. (100 is a big number. Do we think it's possible?! Stay tuned.)

Some activities on the list are no-brainers for spring: sit outside at a restaurant with a great patio, go for a jog at the nature center, go on a hammock in the park, help my grandma with her tulips, and get a group of friends together to play a sport outside. Some activities require a few more supplies or little bit of planning: have a picnic, bake a pie, visit my friend's flower farm and make a bouquet, go on a camping trip, and build a fort on a rainy day.

The activity I am most looking forward to is flying a kite. This requires a bit more thought than the others. I don't have a kite lying around, and I don't know anything about buying (or flying!) one. I am, for some reason, super committed to and excited about this idea. I am hoping to find the perfect kite, and maybe I'll even bring it to camp. I'll let you all know how it goes!

Until then, I'd love to share some Happies.

.....
"We learned a dance routine on our horses today at riding. I didn't know horses could dance!"

"We pumped up the jams at our pool party tonight! We got to request our cabin's favorite song!"

"I made three new friends in one day!"

Looking for my friends as people came out of buses and cars, and finally spotting them and having a group hug! (on Arrival Day)

"Realizing that the girl I met at the beginning of the session was now my new best friend."
.....

Thanks to everyone who submitted their Happies via email. If you have any Happies you would like to share, please them to hannah@campwicosuta.com.

Wico love, Hannah



Joking Around

WITH JESS



Hey Wico Girls!

Happy almost spring! Though we have had a mild winter here in New York, I am looking forward to short sleeves and no jacket weather! Plus, the warm weather is a nice reminder of how rapidly summer is approaching! This time of year, I look forward to planning out Wico's daily activities. For those of you that may not know, all campers at Wico, Coo (current 4th graders) and older, have an elective program at camp. This means you get to choose your daily activities! Did you know there are 40 electives to choose from at Wico? For Oskis (current 1st and 2nd graders) and Cascos (current 3rd), you'll also get a chance to experience some daily choice during our Selective period and the rest of your schedule will be a sampler of the awesome electives we have at camp!

Our elective program gives you the opportunity to meet new friends at camp who share your same interests and learn from one another; what a unique opportunity! I can't wait to see what you choose as you start to fill out your forms. In addition, our new Advanced Volleyball elective will give you the opportunity to decide between a more advanced version of the sport or playing at a recreational level. After seeing the success of Advanced and Recreational Soccer classes the past few summers, we decided to expand that model to another one of our land sports! In all other classes, our instructors will complete a basic skills assessment on the first day. They will break up the larger group by skill level to make sure you are able to learn new skills no matter if you are a beginner or have been playing the sport for many years!

If I were a camper, here is what my camp day might contain:

Yoga, Track and Field, Cooking, Hip Hop, and Waterfront!

What is your ideal camp day? Let me know by sending me an email: jess@campwicosuta.com.

**Peace, Love, Wico,
Jess**





WE WELCOME YOU TO WICO CAMP



WE'RE EXCITED TO WELCOME THE FOLLOWING NEW CAMPERS FOR SUMMER 2020...

Note: We include each new camper in one edition of the Wicosutan—the edition published closest to their enrollment date. We often include their home town, so therefore include only the first initial of their last name in order to protect their privacy.

A big Wico Welcome to the following new campers:

FIRST SESSION

The **OSKIS** welcome **Sophia C.** of Las Vegas, NV to camp! Sophia has heard great things about Wico from her big sister, Madison. Thanks for sharing, Madison! Welcome, Sophia! **Sienna D.** comes to Wico from Westport, CT! She enjoys gymnastics and is excited about watersports, as well! She will come to camp with her big sister (see Coos). **Maddy W.** will join these girls from Needham, MA! Maddy is excited for soccer and to be outside all summer! See the Eagles to learn about Maddy's big sister! The **CASCOS** are excited to get to know **Sofia M.** of Miami, FL! Sofia is an avid tennis player and likes to play other sports, too! She's super friendly and excited about Wico 2020! Coming to camp from Philadelphia, PA is **Maria P.**! Maria enjoys reading, writing, drawing and swimming and is very excited about going on the trampoline in Newfound Lake. She's a good friend to all and we are fortunate to have her! **Caitlin S.** (of Scarsdale, NY) is super excited for horseback riding this summer! She will come to camp with her older sister and heard about camp from the Manasse Family! A big **COO** welcome to **Chloe D.** (of Westport, CT). Chloe (and sister, Sienna) are pumped for Summer #1 at camp. Chloe is excited for dance and the climbing wall. We look forward to seeing you in action, Chloe! Chicago, IL will loan us **Charlotte T.** for the summer! Charlotte is an athlete and a gymnast and is excited for her longest camp experience to date! The **EAGLES** will get a boost with the addition of **Zoe D.** of New York City, NY! Zoe is excited for her first overnight camp experience. She is an avid sailor and loves to cook. She looks forward to trying new things and to be a part of the Wico community! **Zoe G.** brings her diverse talents to Wico from Beverly Hills, CA! She heard great things about Wico from her older cousin, Lily G. (thanks, Lily!). Zoe, we look forward to having you at camp! Coming to camp from Westwood, MA is **Mila M.**! Mila enjoys lots of activities including: soccer, dance and art to name a few! We know you will love Wico, Mila, and are glad to have you! The Big Apple may be home to **Stella M.** most of the time, but her 2020 summer home will be Hebron, NH! Stella is a dancer who enjoys hiking and animals! She is excited for Wico and we are lucky to have her! **Catarina N.** will fly "across the pond" from London, UK to Wico this summer! She loves basketball, tennis and riding. Welcome, Catarina! **Ebony O.** heard about Wico from her friend (and current Wico girl) Penelope S.! Ebony brings her positive vibes and awesome personality to Wico from Singapore! **Ava P.** comes to Wico from Scarsdale, NY! She is friendly and outgoing and will be a great addition to the

group! Ava heard about Wico from family friends who used to attend camp! **Isabella V.** is our neighbor already—she lives in Concord, NH! Isabella did some online research, saw Wico, and knew it was the right place for her. We are glad that you chose us, Isabella! See you in Hebron! **Joey W.** (of Needham, MA) comes to camp with her little sister—see Oskis! Joey is into skiing, hiking and theater and we are so glad she chose Wico as her summer home away from home! A warm **KINEO** welcome to **Kiera S.** from Scarsdale, NY! Kiera caught the Wico fever from her friend, Hannah M. Thanks for sharing, Hannah! Kiera is friendly and outgoing. She loves horseback riding and we look forward to seeing her in action!

Our **EXPLORER OSKIS** will be joined by **Kiara K.** of Las Vegas, NV! Kiara heard about Wico from the Wiener Family—thank you, Wieners! Kiara looks forward to her first Wico experience and we are glad to have her!

SECOND SESSION

The **OSKIS** welcome **Sofia U.** of Madrid, Spain to their group! Sofia heard great things about camp from big sister, Isabella U. and just had to join in the fun! The **COOS** look forward to getting to know **Lila B.** of Cross River, NY! Lila is a great girl—she loves her friends and her activities! At camp she is excited for soccer, gymnastics and riding, to name a few! See you in NH, Lila! A warm **EAGLE** hello to **Annie M.** of Sullivan's Island, SC! Annie's grandmother was a camper at Wico and now Annie gets to continue her family legacy! We are so glad to have you, Annie! **Parker S.** hails from New York, NY and heard about Wico from her friends Ava and Lily Q! Parker has a great sense of humor and looks forward to spending time with old friends and making new ones! Welcome, Parker! The **KINEOS** are lucky to **Olivia K.** from Weston, CT! Olivia loves being on stage, specifically when she is dancing. We know that you will love our dance show, Olivia, and look forward to watching you shine! **Ava R.** brings an outgoing personality to camp from NY, NY! We have Alix B. and Sydney S. to thank for sharing their Wico Love with Ava! **Ella W.** comes to us from Scarsdale, NY! She does not shy from trying new things and also focusing on activities she loves, like cooking. We know you will love our new cooking studio, Ella!

welcome to **WICO!**

Kings n' Queens n' Bishops, too, Wanna wish the best to you!!

CAMPER BIRTHDAYS - MARCH, APRIL & MAY

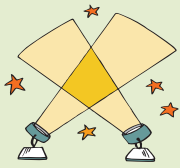
Carolina Abahusayn..... 3/1	Grace Michel..... 4/1	Violet Simms..... 5/6
Mia Firshein..... 3/1	Zoe Robb..... 4/1	Margot Matouk..... 5/9
Rachel Schwartz..... 3/1	Samantha Wood..... 4/2	Madelyn Meth..... 5/9
Lilian Chase..... 3/4	Maddie Polsky..... 4/5	Lila Beckerman..... 5/10
Lilly McGrath..... 3/4	Madeline Ross..... 4/5	Charlotte Manasse..... 5/10
Sydney Hecht..... 3/6	Ann Najork..... 4/6	Sofia Ramos..... 5/10
Ines Caillaux-Diaz..... 3/7	Elizabeth Najork..... 4/6	Sophia Caravella..... 5/11
Avery Manley..... 3/7	Kai Harleston..... 4/7	Chloe Clement-Finkel..... 5/11
Riley Chong..... 3/8	Quinn Farmer..... 4/8	Natalie Drees-Gross..... 5/12
Ryan McGrath..... 3/8	Lulu Malik..... 4/8	Francesca Gajarsa..... 5/12
Chloe Lopez..... 3/9	Stella Meisel..... 4/8	Natalie Brenner..... 5/14
Mia Lynn..... 3/9	Siying Zhou..... 4/8	Lily Roch..... 5/14
Lia Bischoff..... 3/10	Marin Shea..... 4/10	Liv Kotler..... 5/15
Isabella Martinez-Lima..... 3/11	Serena Siegel..... 4/10	Fernanda Valdes..... 5/15
Charlotte Tharin..... 3/11	Stella Carlough..... 4/12	Gilly O'Connell..... 5/16
Zoe Jones..... 3/14	Philomena Dellasalla..... 4/14	Sophia Sangiovanni..... 5/16
Amaya Mejia..... 3/17	Fiona Allendorf..... 4/15	Julia Winter..... 5/17
Marlowe Schlechter..... 3/17	Stella Marckowski..... 4/16	Abigail Weiner..... 5/18
Charlize Von Spiegel..... 3/17	Emma Frank..... 4/17	Mary Jin..... 5/19
Delia McQuown..... 3/18	Sydney Frank..... 4/17	Andie Kanarek..... 5/19
Sophie Holten-Moravek..... 3/19	Charlotte Appel..... 4/19	Gabby Kosoy..... 5/20
Jadyn Schwartz..... 3/20	Lexi Mason..... 4/19	Maisie Schlechter..... 5/21
Livia Shrednick..... 3/20	Lucy Elliott..... 4/22	Lily Kurtz..... 5/22
Parker Skillman..... 3/22	Lauren Miller..... 4/22	Sophie Myers..... 5/22
Annika Bakhshi..... 3/23	Ruby Black..... 4/24	Samantha Luper..... 5/23
Carly Knutzen..... 3/23	Roxy Shapiro..... 4/24	Corinne Page..... 5/23
Zoe Georgantas..... 3/24	Daphne Spies..... 4/24	Katherine Dolgonos..... 5/25
Sophie Miller..... 3/24	Mia Ziering..... 4/25	Alexa Hess..... 5/25
Emma Brenner..... 3/25	Alexandra (Sasha) Czarniak..... 4/27	Zoe Kotler..... 5/25
Katherine Frost..... 3/25	Carys DeMar..... 4/27	Sophia Lowe..... 5/25
Ruth Grier..... 3/25	Katherine Ventura..... 4/27	Olivia Silva..... 5/25
Samantha Hecker..... 3/26	Eloise Banks..... 4/28	Tara Valas..... 5/25
Samantha Mendoza..... 3/26	Katie Funk..... 4/28	Alix Borges..... 5/26
Olivia Agnew..... 3/27	Sadie Katzner..... 4/28	Riley Goldstein..... 5/26
Ava Arentsen..... 3/27	Morgan Hecht..... 4/29	Elle Mason..... 5/27
Jenna Zhou..... 3/27	Lucy Benno..... 4/30	Olivia Cohen..... 5/28
Charlotte Finzi..... 3/28	Ellie Hunt..... 4/30	Eliza Liles..... 5/28
Olivia Meyer..... 3/28	Nola Gabler..... 5/2	Rania Mankodi..... 5/28
Grace Hudson..... 3/29	Lilly Poole..... 5/2	Rossana Isita..... 5/29
Kayla Castillo..... 3/31	Ella Schoenburg..... 5/2	Waverly Nanda..... 5/29
Elize O'Connell..... 3/31	Ryan Leshner..... 5/3	Zoe Schwartz..... 5/29
Faith Roch..... 3/31	Miriam Tarlow..... 5/3	Celia Blechinger..... 5/30
Elizabeth Small..... 3/31	Tessa Fastiff..... 5/5	Sophie Silverstein..... 5/30
Tessa Tobias..... 3/31	Sofia Martinez..... 5/5	Zoe Weber..... 5/31
Cordelia Cieplucha..... 4/1	Margot Kaplan..... 5/6	
Kathryn Martin..... 4/1		



WICO STAFF BIRTHDAYS...



Britt Douglas..... 3/2
Sophie Reynolds..... 3/6
Emma Anderson..... 3/7
Enrique Bernal..... 3/9
Elanna Tolz..... 3/14
Emily Way..... 3/14
Ellie Hatfield..... 3/17
William Wharton..... 3/17
Rosanna Simpson..... 3/18
Sadye Treadway..... 3/18
Rowena Brennan..... 3/20
Megan Inwood..... 3/21
Morgan Reilly..... 3/23
Payton Lamb..... 3/25
Katie Davidson..... 3/31
Libby Hadlow..... 4/4
Julia Downes..... 4/5
Marton Bacs..... 4/15
Rachel Schatz..... 5/6
Amy Trayers..... 5/9
Yhosuara Galeana..... 5/11
Sonny Durr..... 5/16
Mateusz Kochanowski..... 5/20
Sydney Silverstein..... 5/21
Jessica Morris..... 5/23
Annabelle Branfield..... 5/27
Shona Lawrence..... 5/30



Super Star Staff Spotlights!

GINA HESS

POSITION AT CAMP/YEARS: 2019 Landsports Coach, 2020 Extreme Challenge Course

HOMETOWN: Farmington Hills, Michigan

PETS & THEIR NAMES: Two dogs named Sophie and Pepper and Quillium the hedgehog

WHEN I AM NOT AT CAMP I: attend Oakland Community College and will be going to Grand Valley State University in the fall to pursue Recreational Therapy

PERSON I WOULD MOST LIKE TO MEET: Billy Eichner

PLACE I WOULD MOST LIKE TO VISIT: Italy

PERSON I LOOK UP TO & WHY: My mom because she is hard working and has a huge heart

FAVORITE LEISURE ACTIVITY: Hammocking

FAVORITE SINGER OR BAND: Queen

FAVORITE ACTOR(S): Ryan Reynolds

FAVORITE CAMP MEAL: Chipotle bar

FAVORITE CAMP SONG: Anything and everything by Nancy Tucker

FAVORITE CAMP MEMORY: Meeting some of my favorite people in the world that I never would have gotten the chance to without Wico!



Gina Hess

REILEY ADELSON

POSITION AT CAMP/YEARS: 2019 Media Team, 2020 Pool Staff

HOMETOWN: Saratoga Springs, New York

WHEN I AM NOT AT CAMP I: go to Saint Michael's College/ Media Studies, Journalism, and Digital Arts (MJD). I a member of Saint Michael's swim team, as well!

PERSON I WOULD MOST LIKE TO MEET: I would love to meet John Mulaney! My friends and I love his standup comedy and I'm a huge fan of Saturday Night Live!

PLACE I WOULD MOST LIKE TO VISIT: Nuuk, Greenland or Iceland

PERSON I LOOK UP TO & WHY: I look up to my parents because they work so hard to make sure that my sister and I get to do the things that make us happy!

FAVORITE LEISURE ACTIVITY: Swimming, Skiing, and hanging out with my friends!

FAVORITE SINGER OR BAND: There are way too many that I love so I guess I would say Kelly Clarkson for singer and Zac Brown Band for band!!

FAVORITE ACTOR(S): Melissa McCarthy, Robert Downey Jr., Will Ferrell!!!

FAVORITE CAMP MEAL: Gluten Free Mac and Cheese!!!!!! The burrito bar is a close second!

FAVORITE CAMP SONG: Moose, Alpaca! Or the birthday song! I love them both!

FAVORITE CAMP MEMORY: My favorite part of everyday at camp was when I would go to an activity and all the campers would be so happy that I was there (especially because I had a camera!).



Reiley Adelson

BRITTANY "BRITT" DOUGLAS

POSITION AT CAMP/YEARS: 2019 Dance & Fitness, 2020 Extreme Challenge Course

HOMETOWN: St. Petersburg FL

PETS & THEIR NAMES: Dog named Harley

WHEN I AM NOT AT CAMP I: Worked for The Camp Spot the past 6 months

PERSON I WOULD MOST LIKE TO MEET: Billy Joel

PLACE I WOULD MOST LIKE TO VISIT: Barcelona, Spain or Africa

PERSON I LOOK UP TO & WHY: My Dad; he is so wise and goofy. He knows how to talk me down and cheer me up. He is very loyal and giving; he puts others first and sets an example like a true leader.

FAVORITE LEISURE ACTIVITY: Watching TV and Movies

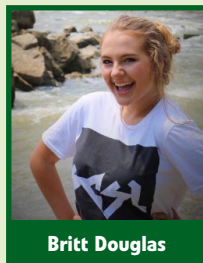
FAVORITE SINGER OR BAND: Billy Joel and YEBBA

FAVORITE ACTOR(S): Kristen Bell, Meryl Streep, Tiffany Haddish, and Viola Davis.

FAVORITE CAMP MEAL: Orange Chicken (especially those egg rolls!)

FAVORITE CAMP SONG: Bazooka Bubblegum and Seven's (the one where you bang on the table)

FAVORITE CAMP MEMORY: I truly love watching my kiddos compete in challenges and cheering them on like a mom!



Britt Douglas

California Reunions

Justin and Jess had a great time connecting with returners and first-timers at these January Reunion/ Camper Events in Los Angeles and San Francisco. We appreciate everyone coming out to join us!



What's New At Wico...

Each "off season" is busy for our maintenance staff and this year is no exception! We are excited about these continued improvements and enhancements at Wico:

- **NEW COOKING STUDIO:** As previously announced, we are building a brand new cooking studio! We broke ground in February and cannot wait to see the final product this summer.

Thank you to the many campers who replied to our Outdoor Adventure survey. Your feedback will help us plan for and schedule hikes and overnight trips for this summer. We plan to make some exciting improvements including the addition of more challenging and also beginner hikes. Additionally, we are looking at locations that will allow you to maximize your time both on and off camp. We plan to improve the food served on these trips, as well!

Before long, the snow will melt and we will begin getting camp ready for the campers! Until then, get excited for the updates and changes to Wico!



From Justin:

"And the call goes out all across Wico-land...."

Each night at flag lowering, I make a call to the camp community to see if anyone lost a tooth. It's a very spirited, exciting time at flagpole!! We have started asking the same of campers during the "off-season"/school year. Although there is no nightly call or weekly update, we publish names of those who lose teeth in our newsletter. Campers, when you lose a tooth, please email me at justin@campwicosuta.com. But, remember, just like at camp, teeth need to fall out naturally (no vinegar or extra sugar allowed).



.....
If you lose a tooth during the school year, please send an email to justin@campwicosuta.com and I will include your name in the next edition.

Alumnae Updates

Please join us as we celebrate 100 years!

We are thrilled about our post-camp 100th year alumnae reunion!

Who: Alumnae – (if under 21) must be accompanied by an adult chaperone

When: August 28-30, 2020

Why: To celebrate 100 years of Wico, and reconnect with old friends who feel like family!

Don't miss the chance to reconnect with your camp family! Register here: <https://wico100.eventbrite.com!>

Jess Morris, Natalie Altman, Julia Bell and Jessica Bernstein enjoyed a mini Totem '11 reunion in Boston, MA recently. In the words of Jessica Bernstein, "Hard to believe, but it's been 9 years since we've all been together! It honestly felt like no time had passed. So incredible.... there's no bond like a Wico bond!"



We love everything about this beautiful poem written by **Isabelle**, a Totem in 2019. Thanks so much for sharing, Isabelle!

WICO CAMP

*Each year, every summer I come again,
And I return to the place that I love.
After five years, I know it will remain,
A part of me I can not get rid of.*



*I found family under New Hampshire skies,
The trees, the mountains, and lake are my home.
Here, surrounded by my friends, I realize
When I'm with my sisters I'm not alone.*

*At summers end I leave with heavy heart,
But if I just stay here holding you tight,
I know we will never feel far apart.
Please, can I stay here for just one more night?*

*But now it's time for me to move along,
And hope the memories will last for long.*

WHERE IN THE WORLD IS WICO??

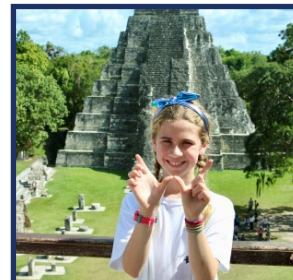


▲ **Fiona A.** in Machu Picchu, Peru

◀ **Coco P.** in Paris, France



▲ **Lorelei & Penelope S.** at Trevi Fountain, Rome, Italy

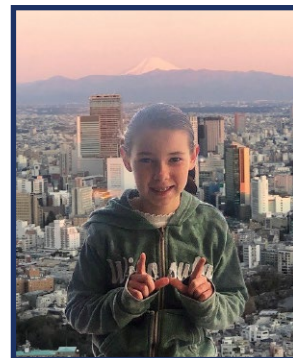


▲ **Lilly P.** at a Mayan Temple in Tikal, Guatemala



▲ **Francesca G.** in Tikal, Guatemala

▶ **Francesca G.** in Tokyo, Japan (with Mt. Fuji in the background)



Note: To be pictured in this section, send us a photo of yourself IN WICO GEAR while on a trip or vacation in front of a famous monument. We also post these photos in the Dining Hall!

Celebrations

Congratulations to the following girls on their recent Bat Mitzvahs: **Mia J., Hannah Z. and Brooke U.**



Note: We love to hear about all of the celebrations in your life. Please email any special dates, celebrations, births, engagements, etc. to corey@campwicosuta.com.



Parents Information Page

Dear Parents of 1st Time Wico Girls,

Welcome to Wico! We're looking forward to getting to know your daughter this summer. Here is a list of FAQs and answers to help you prepare your daughter for a great summer at Wico! We will follow up with more FAQs in the May edition of The Wicosutan!



FAQS OF FIRST-TIME WICO PARENTS

PACKING/CLOTHING/BAGGAGE:

How do I know when and what to pack for camp?

The Wicosuta Apparel & Accessories catalog from The Camp Spot is a terrific packing/purchasing guide for this summer. Please see their enclosed packing list for any questions.

Are there certain things that "everyone has?" I want to make sure my daughter fits in and doesn't feel left out!

As a general rule, there are few things at Wico that "everyone" has. We downplay competition and the value of extra stuff, so please make packing decisions based on your child's needs. Please remember that Wico does not allow any packages, so pack reading materials, playing cards and similar items in your daughter's duffels, so that she has them at camp.

Do I need to buy an egg crate for my daughter's bed?

There's no need to buy an egg crate for your daughter. Our mattresses are comfortable. We suggest an egg crate for camp only if your daughter is used to sleeping on one at home.

What size sheets fit best?

Cot-sized sheets work best on our beds. Twin sized sheets will have a little extra room for a mattress pad, should your child want one. Cot sized sheets will fit snugly.

Do I need to pack special color-specific clothing for Wico Challenge Cup/Color War?

Our packing list accounts for the need for team-colored t-shirts, so as long as you stick to our required clothing list your daughter will have what she needs. Additionally, each camper gets a team t-shirt in the appropriate color, so between what you pack and what we give her, your daughter will have what she needs.

Does her sleeping bag really need to be one for outdoors?

Your daughter's sleeping bag should be an outdoor bag, but does not need to be a "technical" sleeping bag designed to withstand winter weather.

My daughter is in Lower Camp (grades 1-5), does she need Wico logo'd shorts?

Our uniform, for lower camp campers, consists of a Wico logoed t-shirt or tank top and athletic, non-designer shorts. Gym shorts from home are sufficient. Shorts do not need to be logoed with our insignia.

I know from reading The Camp Spot catalog that designer clothing and visible designer labels are not permitted at Wico. Does that include athletic brands like Nike, Adidas and Under Armour?

Nike, Adidas and Under Armour are not our concern. Our goal is to decrease competition over clothing AND encourage girls to wear clothing appropriate for their camp activities. We discourage non-athletic designer labels like Hollister, American Eagle, etc. Clothing labeled with school logos is okay to wear at Wico.

Do my daughter's bathing suits need to be athletic (i.e. Speedo)?

All bathing suits must be one piece, full coverage and appropriate to be worn when participating in swim and/or waterfront activities. They do not need to be athletic brands like Speedo or TYR. Tankinis, monokinis, and bathing suits with back or side cutouts are not allowed at camp.

PROGRAM

Can my daughter change her schedule once she gets to camp?

Applies to girls currently in 4th-9th grade: Yes. After each camper tries everything once on her schedule (and completes one 3-day rotation) she will have the opportunity to change her schedule.

May I require my child participate in certain activities?

Yes. Campers in 5th grade and up have total choice in their schedule. If there is an activity you want to make sure your child participates in please notify us on the Camper Information Form.

Continued on next page.

Parents Information Page *Continued*

ADJUSTMENT TO CAMP

How do I respond if my daughter says she is nervous about camp?

Pre-camp nerves are normal for both first-time and returning campers. A good rule of thumb when discussing this with your child, is to take your cues from her, as opposed to suggesting things that might be bothering her. For lots of girls, having insight into the details of camp (and some of the information provided here) helps them feel more comfortable about the experience. It is helpful to remind girls that missing home, should they feel that way, is normal and makes sense because they feel comfortable at home. It often takes time to settle in to camp, but once they do, they will love the experience.

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What happens if my child cannot fall asleep?

Just like sleeping in a hotel on vacation, it takes time to adjust to sleeping in a new bed and cabin. After the first few days, girls generally settle in and have no trouble falling asleep. In preparation for camp, we recommend encouraging your child to fall asleep without you or the help of electronic devices. If they read on a Kindle or iPad before bed at home, encourage them to switch to a book or music that may be played on a basic mp3 player. Girls have access to both music and paper books while at camp. Tell your daughter that her counselors will be happy to help with TLC before bed as needed.

FOOD

We understand that having tasty, healthy food is important and it's one of our priorities! To that end, our goals are to provide a **VARIETY** of **HEALTHY** food that **KIDS LIKE TO EAT!**



In addition to a main entrée and side dish served for each meal, we offer the following staples:

Breakfast: Fresh fruit (including berries), yogurt (Greek and regular), hard boiled eggs, milk, a variety of breads, hot and cold cereal

Lunch: Fresh fruit, an extensive rotating salad bar, deli/sandwich bar, yogurt, hard boiled eggs

Dinner: Fresh fruit, an extensive rotating salad bar, deli/sandwich bar, plain pasta (white & whole wheat), yogurt, hard boiled fried or scrambled eggs

*** We serve two healthy snacks - one mid-afternoon and the other before bed.

What do you do to make sure the food at camp is healthy?

Lots of things! We collaborate with a nutritionist who reviews our menu and makes recommendations of meal choices, vegetarian options, snacks, etc. Wico does not fry any food. Additionally, we make as much from scratch (in our kitchen) as possible. We understand that having special treats is important every once in a while, too! We make time for campfire cookies and Snack Shack slushies once a week.

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What if my daughter can't find something she likes to eat?

Should your daughter have trouble finding something she likes, she only needs to tell her counselor. Our counselors are happy to help campers find things that they'd like to eat.

*We encourage all parents to thoroughly read our parent handbook. In it we share our policies, procedures and other helpful and important information **We are, of course, available via phone or email to answer any additional questions!***



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Camp Wicosuta Important Dates 2020

- First Session Begins** **Wednesday, June 24**
- First Session Explorer Program Begins** **Monday, July 6**
- First Session Programs End/Visiting Day** **Sunday, July 19**
- Second Session Begins**..... **Wednesday, July 22**
- Second Session Explorer Program Begins**..... **Wednesday, July 22**
- Second Session Explorer Program Ends**..... **Tuesday, August 4**
- Second Session Ends/Visiting Day** **Sunday, August 16**

** Visiting Day is on a weekend, so please consider making hotel reservations as soon as possible.*

CAMP SISTER CORNER

A big thanks to the many returning campers who volunteered to act as “Big Sisters” to first-time Wico girls! If you have not already, please reach out to your little sister and introduce yourself. We know that you will love helping your little sister feel welcomed to our Wico community!



REMINDERS & UPDATES

If you have not been getting emails from Jess, please email a note to jess@campwicosuta.com! Email addresses change all the time, so please send your most up to date email address, and we will update our records. Thanks!



FLORIDA REUNION

Saturday, April 5, 2020

3:00 pm

Sloan’s Ice Cream,
Lauderdale-by-the-Sea

