CAMP WICOSUTA FAMILY HANDBOOK

Summer 2025













105 CAMP WICOSUTA

Building Confidence, Competence, & Community Since 1920

CLICK THE BELOW TOPICS TO LEARN MORE & TO PREPARE FOR THE SUMMER AHEAD!

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WELCOME

At Camp Wicosuta, we pride ourselves on creating a safe and fun environment where campers can be themselves and feel accepted. Maintaining that kind of community requires effort and investment on the part of campers, parents/guardians and staff. It is important that everyone in our community commits to respecting camp values and policies.

This handbook will act as a guide as you prepare for the summer ahead. Please read it in its entirety. As always, please do not hesitate to reach out with any questions.

We are so excited to welcome your camper for Wicosuta's 105th summer!





Corey, Justin & Carly
Directors



Justin, Corey, Carly, Catherine & Liz
The Wico Full-Time Team

ELECTRONICS POLICY

One of the ways we provide positive experiences for our campers is by limiting electronics in our camp environment, thereby encouraging our campers to interact face-to-face and through traditional camp activities.

Examples of permitted and not permitted electronics:

Permitted

- Campfire MP3 Player
- Alternative MP3 player with music/picture files only that does not have the ability to play games (e.x., AGPTEK A02S MP3 Player)
- Disposable/Polaroid Camera
- Digital Camera
- Go Pro
- FitBit and personal fitness tracking devices
- Digital Watch

Not Permitted

- Any Cell Phone (including old or disabled phones)
- Any version of an iPod Touch
- Laptop Computer
- Handheld video gaming systems
- Tablet/E-Reader (iPad, Kindle, Nook, etc.)
- Smart Watches (Apple Watch, FitBit Ionic, FitBit Versa)
- Voice activated devices (Alexa, Google Home)

NOTES:

1. Any item that makes phone calls or accesses the internet is not permitted at camp.

2. MP3 players that have capacity to play videos must be cleared of videos before arrival to camp.

3. Music should be pre-loaded onto devices prior to the summer. Once at camp, there is no opportunity to edit/load additional music or audio.

4. We recognize that digital cameras may have the ability to record videos. We ask campers and staff to refrain from taking videos inside living spaces.

5. Items that are not permitted will be collected and returned to campers at the end of camp.

FORMS CHECKLIST

Due April 15th

- ☐ Activity Preference Form (for campers completing 4th grade and up)
- ☐ Bunk Request Form
- ☐ Camper Information Form
- ☐ Camper to Counselor Form
- ☐ Health History Form
- ☐ Travel & Baggage Form

Due May 1st

- ☐ Camper Medical Exam Form*
- ☐ Camper Photo (1st year campers only)
- ☐ Community Contract* (Available in April)
- ☐ Parent Medical Authorization*
- ☐ Summer Contact Information Form
- ☐ Text Message Opt-In Form

*Forms marked with an asterisk will be downloaded, printed, and then uploaded to CampMinder.

Camper forms are available online. Forms must be completed every year for each camper. There are two ways to complete camper forms:



Campanion Mobile App:

Campanion is a mobile-optimized version of your Campminder parent dashboard. Download the app from your phone's app store. Your username/password will be the same as your CampMinder account. The app offers the easiest and fastest option to complete your camper forms!



MyCampMinder Web Version:

If accessing your CampMinder account for the first time, log-on by visiting our website. Click on My Campminder located in the top middle of the page. Your login/username is your email address. To retrieve your password or set up an account click on “retrieve password” and it will be sent to your email address.

CAMPER FORMS

CAMPER INFORMATION FORM
This is reviewed by Wico's full-time team and your child's head counselor before camp begins. This information helps our team get to know your child so we can set them up for a successful summer at Wico.

COMMUNITY CONTRACT
Please review with your child to ensure they understand Wico's philosophy along with general rules and expectations of all campers. ***NOTE*:** This form will be available in APRIL, following an accompanying camp-wide Zoom!

TEXT MESSAGE OPT-IN FORM
Opt-in to receive text messages for important updates, reminders, and communications from Wico! *Domestic phone numbers only.

CAMPER TO COUNSELOR FORM
This is shared with your child's cabin counselors before camp begins. The information allows our staff to get to know your camper prior to her arrival.

CAMPER ACTIVITY PREFERENCE FORM (Current 4th–9th graders)
This is reviewed by Wico's program team and is used to create campers' daily schedules. Please see page 8 for more information on daily activities.



BUNK REQUEST FORM
We put a great deal of thought into creating bunk communities. Bunk requests are one of several tools we use in this process. Campers who request bunkmates will be matched with at least one of their requests. Campers without requests will be matched with others with whom we think they will get along. If there are no requests, please indicate that by writing "No Requests" in the space indicated.

CAMPER PHOTO (1st year campers only)
Uploaded images must be 500x500 pixels or greater in size. Any photo taken with a digital camera or phone with camera should meet this criteria.

TRAVEL & BAGGAGE FORM
Use this to share how your camper and their bags are arriving to and departing from camp. See pages 15-17 of the Family Handbook for more information on travel modes and baggage transportation.



MEDICAL FORMS



CAMPER MEDICAL EXAMINATION

To be printed via MyCampMinder AND completed by licensed medical personnel.

Campers need to have an annual physical with their pediatrician/health care provider. Schedule your child's check-up as soon as possible. Physicians must sign and print or stamp their address and phone number on the form. Once completed, please upload the form to your MyCampMinder dashboard. Some physicians have their own medical examination forms. These forms may be uploaded and used in place of our provided form as long as all requested information is included.

Immunizations:
We require campers to be immunized according to the current recommendations of the American Academy of Pediatrics (AAP). If you have a question or concern about your child's immunization record, please contact us by May 1st.

HEALTH HISTORY

This form is required in addition to the Camper Medical Examination Form. Please be thorough, so we have complete knowledge of your child's health history.

Emergency Contacts:
We recommend that you have a plan in place to collect your child in the event they need to leave camp. Please use the Health History Form to identify emergency contacts who will be available to communicate with camp and/or act in your place in the event you are unavailable. If you will be traveling, specifically abroad, please use the Summer Contact Information Form to share your travel dates and any pertinent travel contact with us.

PARENT MEDICAL AUTHORIZATION

This form provides permission to authorize any off-site treatment needed for your child. Please include necessary insurance and credit card information.

CAMPER MEDICATION

Wicosuta has partnered with CampMeds to pre-package daily prescription and non-prescription pill-form medications for full-session campers living in the United States. Medication distributed through CampMeds will be delivered to camp prior to your child's arrival. This minimizes potential errors and ensures that each camper gets the correct medication and dosage at the correct time. If your camper takes daily, pill-form medication, please see page 14 for registration information.

Campers must have complete, up-to-date, signed Camper Medical Examination and Health History Forms in order to attend camp.

DAILY ACTIVITIES EXPLAINED

The Wico daily schedule is on a three day rotation: Days are designated as A, B or C days. Each activity day at Wico consists of five activity periods. The sixth period of the day is called "Selective" and is chosen daily.

Oskis and Cascos (Current 1st—3rd graders):

- Oskis and Cascos do not fill out the Camper Activity Preference Form. Their schedule includes a mixture of the core activities. Oskis and Cascos participate in daily activities with their age group.



Coos (Current 4th graders):

- Coos have daily swim instruction, as well as waterfront and tennis activities once per rotation. The rest of their schedule is made up of requested activities from their Camper Activity Preference Form.



Eagles-Totems (Current 5th-9th graders):

- These campers follow an entirely elective schedule. Schedules are designed to cater to their interests while also encouraging them to try new activities!



A few important things to know:

- The Activities Preference Form may be submitted once.
- Campers must select 12 unique activities. Frequency indicates how many times an activity appears on a schedule.
- Preferences submitted are used to create each camper's schedule. We do our best to include as many selected activities as possible.
- Campers receive their schedules on the first day of camp and have the option to make changes within the first few days.
- See the Activity Descriptions page for additional information on activity choices.

PRIVATE LESSONS

In addition to the regular schedule of activities, Wico offers private lessons in some activities. Beginning March 19th at 1:00 PM (Eastern Time), you may log onto MyCampMinder to sign up for private lessons. Both the private lesson form and payment are required to enroll your camper in private lessons. Once the form is received, the default payment method on file will be charged. Space is limited and private lessons are allocated on a first come, first served basis.

Notes:

- Oskis, Cascos and Totems (Current 1st, 2nd, 3rd and 9th graders) may enroll in no more than two private lessons/week (not including horseback riding).
- Soccer, tennis volleyball, and gymnastics lessons occur outside of the regular activity schedule. Lessons occur in the morning before breakfast, during rest hour or other downtimes during the day.
- Any camper enrolled in private lessons must attend those activities.

Tennis: Campers may participate in a total of 3, 6 or 9 lessons during the session. ($60 per lesson)

Soccer: Campers may participate in 1, 2 or 3 small-group soccer clinics during the session. ($60 per clinic)

Volleyball: Campers may participate in 1, 2 or 3 small-group volleyball clinics during the session. ($60 per clinic)

Gymnastics: Lessons will be available in the following combinations:

- 3 private lessons per session ($195) OR
- 6 semi-private lessons per session ($350) OR
- 3 private and 3 semi-private lessons per session ($365)

Horseback Riding: Campers may sign up for either 4 or 8 lessons during the session. All lessons are one-on-one instruction and English Style. Riding lessons are scheduled into the regular activity day.

- 4 lessons: $375
- 8 lessons: $700

Ice Skating: Campers will skate 3 times during the session for 2 hours at a time (1 hour with an instructor, 1 hour of free-skate). We utilize off-site skating rinks located in Plymouth and Waterville Valley. On-camp activities will be missed while campers are off-site for skating lessons. ($550)

Golf: Campers enrolled in golf will go to a local driving range twice during the session and once to an off-site course. Instruction will be provided by a contracted golf pro. On-camp activities will be missed while campers are off-site for golf lessons. ($400)



CLOTHING POLICIES

At Wico, we want to move away from the pressure associated with conforming to current styles/trends and maintain focus on clothing that is appropriate for physical activity. Our policies have been established in order to downplay unnecessary competition among our campers. We ask that families respect this policy and encourage their campers to do the same.

Lower Camp Campers (1st-5th graders): Oski through Eagle campers are required to wear the Wicosuta uniform: a logo'd t-shirt, sleeveless t-shirt or tank and any appropriate athletic shorts/bottoms.

Upper Camp Campers (6th-9th graders): Kineos and older may wear appropriate activewear in place of the uniform. Designer clothing and/or visible designer labels will not be permitted (e.g., Aviator Nation).



1. Full coverage, one-piece bathing suits or board shorts and rash guards are required. Bikinis, tankinis, and monokinis or bathing suits with front/side cutouts are not allowed.

2. Non logo'd clothing needs to be camp appropriate. Curse words and/or references to drugs/alcohol are not permitted. No crop tops.

3. Please bring straight stud earrings for everyday wear. Dangling earrings are not allowed at activities.

4. Campers may bring funny shirts, hats or outfits to wear as a costume for special events (Halloween party, theme dinners, etc). Feel free to pack 1 or 2 such outfits.

5. Campers must wear either sneakers or supportive shoes with ankle straps (ex. Crocs, Natives). Flip flops may be worn to breakfast only.

6. Curling irons, hair straighteners & other hot tools are not permitted. These items, if brought to camp, will be collected and returned at departure.

7. Campers store their items in 4-shelf cubbies. Cubby shelf dimensions: 22 inches wide, 12 inches deep, 10 inches tall.

THE CAMP SPOT

Go online to access our official clothing catalog and packing list. Fit Kits and virtual appointments are available for families to confirm sizing. Allow at least 5-6 weeks delivery time. You may contact The Camp Spot at 973.994.7416 or via their website.

Note: International orders will be shipped directly to camp.

Labels
All items brought to camp must be clearly marked with the camper's first and last name. The Camp Spot will sew in name tapes in items if ordered by April 21st. Alternatively, we recommend using stickers (Label Daddy) or a laundry marking pen to label items.



www.LABELDADDY.com

Label Up!

- **Reduce** lost & found
- **Protect** your camper's belongings
- **Decrease** the spread of germs
- **Escape** the endless cycle of buying, losing & replacing.

Peel & Stick Washable Labels
Dishwasher, Microwave, Freezer, & Laundry Safe

LABEL DADDY

customerservice@labeldaddy.com

Use code WICOSUTA and 25% of your order will help support Project Morry!



HEALTH CARE

Our Health Center Team looks forward to partnering with you in the care of your child. Our on-site Health Center Team includes:

- 5 nurses
- 1 health center assistant/nursing student

Off-site practioners include:

- Plymouth Pediatrics
- Speare Memorial Hospital
- Local urgent care
- Consulting nurse practitioner, on site once a week



Health care provided by our camp health center is covered by your tuition. Any additional costs incurred during camp are the responsibility of the camper's family including prescriptions (new and refills), emergency room visits, local physician visits, and/or visits to other providers of health care. All of the above will be billed to your medical insurance carrier. Any additional expenses/ co-pays will be charged directly to your credit card.

COMMUNICATION

In most cases, health care communication will be between a parent/guardian and our Health Center team, and will not involve your camper. Our medical staff will contact you if:

- Your child needs to be seen by an outside practitioner.
- Your child needs to spend the night in the health center. When possible, we will call in advance.
- There is an emergency.
- Your child menstruates for the first time.
- Your child falls off a horse.
- Your child has a suspected concussion.
- We have a general medical concern or question about your child.

We will generally not contact you for routine issues such as minor skin abrasions, headaches, colds, etc.



HEAD LICE, BED BUGS, & TICKS

Head Lice: Your child should be checked for head lice two weeks prior to departure. If your child had head lice or was exposed to it (family member, friend, schoolmate, etc.) within four weeks of her arrival to camp, please notify us.

We have partnered with a professional company to check each child's head upon arrival to camp. This company will treat campers with nits and/or live lice. Wicosuta will charge the default payment method on file for lice treatment at a cost of $400 per camper.

Bed Bugs: We have partnered with an outside vendor to screen for beds bugs. Should any issues arise, we have a plan in place to deal with bed bugs both prior to and during the summer.

Ticks : At Wico, we do the following to help minimize exposure to ticks:

- Prior to camper arrival, we spray the grassy, common areas of camp to keep ticks away from areas where campers frequently gather and sit together in the grass.
- Train staff in procedures including identification of ticks, encouraging regular application of bug spray, encouraging campers to wear appropriate clothing when hiking, attending campfires, etc.
- When campers return from hikes out of camp, counselors help campers do their own tick checks.
- Skin checks done during the summer by members of our health center staff. Our nurses look for signs of bug bites, ticks, rashes, scabs, etc.

NUT ALLERGIES

For the sake of campers and staff with severe allergies to peanuts, tree nuts and all nut products, Wicosuta is a "nut-safe" environment. This begins on arrival day. Please do not send any nut products to camp, including on transportation to camp, packed in camper duffels, or in the mail.

ORTHODONTIC CHECK-UP

Please relay any ongoing orthodontic treatment or special instructions to our team. If a wire snaps or a similar problem arises, our local orthodontist will make your child comfortable. They will not, however, do any substantial work or repairs.

EYEGLASSES

If your child wears prescription eye glasses, please send a second pair of glasses with her to camp.



MEDICATIONS



CAMPMEDS (To be completed, as needed)
Campers who take daily, pill-form medications (prescription or non-prescription) must with CampMeds. A one-time $65 registration fee will apply through March. Registrations received between April through May will incur a registration fee of $85. If registered previously, use the same login but submit a new registration for 2025.

To register with CampMeds, go to www.campmeds.com.

- If your camper takes a Schedule II/controlled medication, please see this flyer for information on sending your camper's prescription.
- Please see the CampMeds flyer for additional instructions on sending your camper's prescriptions.

If you live outside of the United States and your camper takes daily medication, please contact catherine@campwicosuta.com.

VITAMINS
Vitamins, as with other daily medications, need to be registered and packaged through CampMeds.

STOCKED MEDICATIONS
Our health center stocks several non-prescription over-the-counter medications, listed to the right. Our nurses will be happy to provide these items to your child as needed. If your child takes any of the oral medications listed daily, they must be sent to camp through CampMeds. Please do not send these items to camp in luggage or on arrival day.

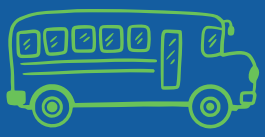
Abreva
Cough drops
Nasal saline spray
Advil (Ibuprofen) - pills & liquid
Cough syrup
Pepto Bismol
Ace wraps & bandaids
Dramamine
Prune juice
Aloe
Gold Bond Powder
Tums
Aquaphor
Claritin
Hydrocortisone 1% cream
Tylenol (Acetaminophen)
Athlete's Foot spray/cream
Imodium
Bacitracin
Milk of Magnesia
Vaseline
Benadryl
Miralax
Visine eye drops
Calamine lotion
Mucinex (Dextromethorphan)
Zyrtec
Nebulizer

TRAVEL TO CAMP

Arrival Day Information: Please be respectful of the timing of this day. It is our goal to warmly welcome each camper to Wicosuta. Arriving late to the bus or arriving at camp too early makes the timing of this welcome challenging.

All campers should wear a Wico shirt on arrival day, including Upper Camp campers. Many campers choose to wear their 2025 enrollment t-shirt!

TRAVEL BY BUS



- Arrive at the pickup/drop off site by the indicated time prior to the scheduled departure time.
- We assign seats for all campers taking the bus to camp. Wico staff will accompany the campers on the bus.
- Limit luggage to one small carry-on bag. Campers should bring lunch and a drink. Only pack enough for lunch, as we don't allow food in camp. DO NOT PACK ANY NUTS OR FOODS WITH NUT PRODUCTS IN THEM.
- The coach buses are air-conditioned and have on-board bathrooms.

Departure Points

- Livingston, NJ: Meet at 8:00 AM at the Livingston Mall. Exact details on meeting location to follow closer to the start of camp. Buses leave promptly at 8:30 AM.
- White Plains, NY: Meet at 8:15 AM at Bloomingdale's, White Plains. Buses leave promptly at 9:00 AM. Directions: 175 Bloomingdale Road, White Plains. Near Exit 8 on Route 287.
- Westport, CT: Meet at 9:45 AM at the Sherwood Isle Park and Ride located directly off I-95 at Exit 18 North or South. Buses leave promptly at 10:15 AM.
- Hartford, CT: Meet at 11:00 AM at the Windsor Shops, 530 Windsor Ave, 530 CT-159. Buses leave promptly at 11:20 AM.
- Boston Airport, MA: Meet at 12:00 PM at Terminal C, Lower Level Information Center at Boston Logan Airport. Bus will leave at 12:30 PM.

DRIVING TO CAMP



For those driving to camp, plan to arrive no earlier than 1:00 PM and no later than 2:30 PM on Arrival Day. Driving directions are included later in this handbook.

- Parents will be able to briefly meet their camper's head counselor.
- Should you wish to see camp prior to Arrival Day, please schedule a camp tour. We do not provide tours on arrival day or access to camper cabins.

TRAVEL BY PLANE



Chaperoned flights:
Atlas Travel coordinates our chaperoned flights from LAX, FLL, BWI, and PHL. Please complete the online form through Atlas Travel. If you need to reach Atlas Travel, please contact Tara Vaz at 508-488-1196 or Tara.Vaz@atlastravel.com. All tickets for chaperoned flights must to be purchased through Atlas Travel. We require 4 campers per location to send a chaperone.

Non-chaperoned flights:
Please arrange to have your child land at Boston Logan Airport (BOS) or Manchester Regional Airport (MHT) by 12:00 PM. A camp representative will meet your camper and escort them to camp. Be sure your child has a photo ID and that her carry-on luggage complies with airline guidelines.

VISITING DAY & DEPARTURE

VISITING DAY/DEPARTING BY CAR

We hope that your family joins us for our Summer 2025 Visiting Day! Gates open promptly at 9:00 AM. The day includes a welcome from your child's head counselor, followed by time with your camper's counselors and friends. Several activity areas are open before and after lunch. Departure is by 2:30 PM. Campers will only be allowed to depart with their parent/guardian unless written authorization for alternate arrangements is provided. We welcome all humans; please leave your pets at home.

DEPARTING BY BUS:

Coach bus transportation for campers is provided the morning of the last day of camp. The destinations are listed below. We cannot accommodate domestic camper duffel bags on the buses home from camp. Parents of campers who ride the bus home should book return baggage service.

- Boston Logan Airport: Meet at Terminal C lower level information booth at 9:30 AM.
- Hartford, CT (Windsor Shops): Arrival at 11:30 AM.
- Westport, CT (Sherwood Isle Park and Ride): Arrival at 1:00 PM.
- White Plains, NY (Bloomingdale's): Arrival at 2:00 PM.
- Livingston, NJ (Livingston Mall): Arrival at 3:00 PM.

Wico will contact you should there be any major delays. It is important that you be present when the buses arrive.



DEPARTING BY PLANE

Please provide us with departure flight details for your camper, so that we may escort them to their departure gates. We will remain in the airport until the flight leaves the ground. Please arrange flights to depart from Boston Logan Airport (BOS) or Manchester/Boston Regional Airport (MHT) between 11:00 AM and 1:00 PM.

Campers flying to BWI, LAX, FLL, PHL, please see the Altas Travel suggested flights for departure.

BAGGAGE

GENERAL BAGGAGE INFORMATION

1. All camper baggage must be sent to camp prior to the start of the camp session. Campers residing outside of the U.S. may bring luggage with them to camp.

2. Use of 2 soft-sided duffles is required. Please do not send hard trunks, suitcases, or extra large duffel bags. All bags should be collapsable.

3. Baggage must be received at camp no later than June 19th for First Session and July 17th for Second Session.

4. It is not necessary to lock luggage. If you do lock the bags, please email the combination to info@campwicosuta.com in advance of camp.

5. We will not keep any boxes for return shipping.

6. All baggage should be labeled with camper's first and last name.

7. Siblings should be packed in separate bags from one another, labeled accordingly .

END OF SESSION BAGGAGE RETURN

Camper baggage may be:

1. Taken home with the camper for those traveling via car.

2. Sent via R&B Baggage through the door-to-door service.

3. Sent via Ship Camps.

If necessary to send outside of above options, please call the camp office for further instructions.



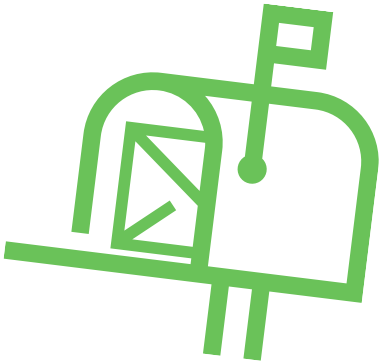
SHIPPING VENDORS

R&B Baggage:
R&B Camp Baggage is our official door-to-door baggage company. R&B serves most of the country including the Northeast and West Coast.

- Please register and pay online.
- To qualify for early registration, and to be assured of service, you must enroll prior to May 1st for First Session or June 1st for Second Session
- Baggage tags and instructions will be sent in late May/early June. Pickup dates by area will be posted on the R&B website.
- Ten days prior to the end of camp, R&B will notify you by e-mail of your baggage return date. Baggage tags for return delivery will be sent to the camp.

Ship Camps:
For those who cannot be serviced by R&B Baggage, Ship Camps can help you get your camper's bags to/from camp this summer. They offer discounts with all the main shipping companies, such as FedEx and UPS. This service applies to international families as well. Please register and pay online by visiting their website.

MAIL



Campers will write home a minimum of three times a week. We suggest you send stamped, home-addressed envelopes to camp. For families who reside outside of the US, letters home will be scanned and emailed to parents on assigned letter writing days.

Please be sure to address each letter with your camper's name. Please be aware that we are in a small town, with a small post office and mail tends to move slower than usual, both to and from camp.

Camper Name
Bunk # (given to you on the first day of camp)
Camp Wicosuta
21 Wicosuta Drive
Hebron, NH 03241-7329

PACKAGE POLIGY

- To eliminate comparison and competition, camp does not accept any packages (including boxes, large or thick envelopes from parents, family members or on-line retailers). Packages received during camp will be held in storage and sent home on departure day.
- We suggest packing extra items like cards, stationery, Mad Libs, friendship string, books or magazines in your child's baggage to camp.
- Food, candy, liquids as well as inappropriate reading material are not permitted and will be discarded.
- If your camper has a birthday while at camp, ONE birthday package (box) may be sent. Please clearly indicate that it is a birthday package and the date it should be delivered. Birthday packages may not contain food items or bunk gifts.

Notes:

• Our camp library is stocked with books and games.

• If you forget to pack a necessary item (i.e., contact lenses, glasses) and need to send them to camp, please call the office prior to sending.

CAMPANION MOBILE APP

Download Companion to submit forms, view photos, write emails, view daily newsletters, and submit forms in the palm of your hands! Campanion also includes facial recognition software to easily locate photos of your camper!

SUMMER EMAIL

In addition to "snail mail", Wico parents have the ability to access a one-way email system to contact their camper. Camper emails are printed once daily and placed in your camper's mailbox along with regular mail. This feature may be accessed via the Campanion app or your desktop.

CAMPER SPENDING MONEY

Campers go on two all-day field trips during their stay at camp. Wico provides snacks, meals and necessary admission fees on these trips.

•For campers completing grades 1-6, camp provides a small amount of spending money for souvenirs, snacks, etc.

• For campers completing grades 7-9, camp will add a "Camper Spending Money" charge onto the invoice. The charge will be $50 for current 7th graders, $130 for current 8th graders and $160 for current 9th graders.

• Campers do not need any additional spending money while at camp.

DAMAGED/LOST ITEMS

Camp Wicosuta is not responsible for items that are damaged or lost. Please inform your camper of this and keep this in mind while choosing what to send with her to camp.

GRATUITIES

In agreement with the American Camp Association, it is our policy to compensate staff fairly and to prohibit the offering of gratuities. Our staff has been apprised of this policy.

OPTIONAL TELEPHONE CALL

Parents/guardians have the option to schedule one 10 minute phone call per camper during the session. Beginning June 17th, parents may log into their CampMinder dashboard to schedule a call.



Please keep the following guidelines in mind regarding phone calls:

- In order for campers to acclimate to camp, we do not allow phone calls during the first week of the session. Phone calls will be scheduled from July 2 – July 16 for First Session and July 29 – August 12 for Second Session.
- All phone calls are scheduled around meal times.
- Call reservations may be changed online up to 3 days before scheduled calls. If you need to reschedule after that time, please call the office.
- Calls are limited to parents/guardians only. Please advise grandparents and other relatives. In addition, we do not schedule additional phone calls for birthdays of family members.
- Campers whose parents/guardians are divorced or separated may have one scheduled phone call with each parent/guardian. Our reservation system allows for one call per camper to be scheduled. To schedule an additional phone call, please call our office.
- Families with more than one camper may schedule one 10 minute call with each child. Calls may be scheduled back-to-back, but each child will be on their own scheduled call for 10 minutes.
- Birthday Phone Calls: If your camper has a birthday during camp, she will call you at 8:30 AM EST on her birthday. This call does not need to be scheduled through the system. For families residing in a different time zone, the camp office will reach out to schedule this call.

Instructions for scheduling:

1. Log into your CampMinder account.
2. Scroll down to the section labeled “Your Camper”.
3. Beginning June 17th, you will see a dark blue phone icon reading “Phone Reservation System”.
4. Click though the prompts to schedule your call!

Please call our office with any questions or scheduling conflicts.

PLAN YOUR VISIT TO CAMP

HOTELS:

HEBRON:
Coppertoppe Inn: (603) 744-3636
The Kelby: (603) 238-0155

BRISTOL (10 Minutes):
Inn on Newfound Lake: (603) 744-9111
Henry Whipple House: (603) 744-6157

ASHLAND (15 Minutes):
Comfort Inn: (603) 968-7668
Glynn House Inn: (603) 968-3775

PLYMOUTH (15 Minutes):
Common Man Inn & Spa: (603) 536-2200
Fairfield Inn & Suites: (603) 536-0100
Federal House Inn: (603) 536-4644

WATERVILLE (30 Minutes):
Waterville Valley Resort: (603) 236-4344
Golden Eagle Lodge: (888) 703-2433

LACONIA (30 Minutes):
Lake Opechee Inn & Spa: (603) 524-0111

HOLDERNESS (30 Minutes):
Inn on Golden Pond: (603) 968-7269
Manor on Golden Pond: (603) 968-3348

GILFORD (35 Minutes):
Fireside Inn & Suites: (800) 458-3877
Gunstock Inn: (603) 293-2021

MEREDITH (35 Minutes):
Inns at Mill Falls: (603) 279-7006

TILTON (35 Minutes):
Hampton Inn & Suites: (603) 286-3400
Holiday Inn Express & Suites: (603) 286-4550

MOULTONBORO (50 Minutes):
Center Harbor Inn: (603) 253-4347

CONCORD (60 Minutes):
Centennial Inn: (800) 360-4839
Comfort Inn: (603) 226-4100

MANCHESTER (75 Minutes):
Radisson Hotel: (603) 625-1000
Best Western Executive Court Inn: (877) 627-2525

RESTAURANTS:

ASHLAND:
The Common Man Restaurant: (603) 968-7030

BRISTOL:
Bristol House of Pizza: (603) 744-3765
Big Catch: (603) 744-3120
Odysea Coffee: (603) 217-5017
Bridgewater Inn Steakhouse: (603) 744-3518
Ledge Water Steak House: (603) 744-0575
The Homestead: (603) 744-2022
The Inn on Newfound Lake: (603) 744-9111
Cielito Mexican Restaurant: (603) 744-2044

MOULTONBORO:
The Woodshed: (603) 476-2311
Village Kitchen: (603) 476-5137

PLYMOUTH:
Italian Farmhouse: (603) 536-4536
Foster's Boiler Room: (603) 536-2200
Lucky Dog Tavern: (603) 536-2260
Phat Fish: (603) 960-4757
Grotto: (603) 960-1063
La Familia Mexican Bar and Grill: (603) 238-9264
M ‘n M Scoops: (603) 536-4850 *Wico Favorite!*
The Last Chair: (603) 238-9545

MEREDITH:
Camp: (603) 279-3003
Canoe: (603) 253-4762
Lago: (603) 279-2253
Giuseppe's Pizzeria: (603) 279-3313
Town Docks: (603) 279-3445

DIRECTIONS TO CAMP:

For GPS devices, such as Google Maps, Apple Maps, or Waze, using the keyword "Camp Wicosuta" will bring you to camp.

CONTACT US!

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Winter (Until May 16th):
4 New King Street, Suite 130
White Plains, NY 10604

Summer (Beginning May 20th):
21 Wicosuta Drive
Hebron, NH 03241

603-744-3301
800-846-9246